

# Menus

**School:** Cissna Park Elementary School

**Academic Year:** 2023-24

**Meal:** Lunch

**Month:** October 2023

October				
M	Tu	W	Th	F
2 Italian Ham & Cheese Sub Lettuce, Tomato, Mayo Baby Carrots w/ Ranch Strawberry Cup Chips Variety of Milk	3 Chili Celery Sticks Cornbread Cheese Stick Peaches Variety of Milk	4 Breakfast Casserole Emoji Fries Applesauce Orange Juice Pumpkin Bread Variety of Milk	5 BBQ Rib on Bun Green Beans Cole Slaw Mixed Berry Cup Variety of Milk Salads	6
9	10 Loaded Taco Tater Tots Lettuce, Tomato, Cheese Sour Cream, Salsa Spanish Rice Veg Beans Apple Slices Variety of Milk	11 Chicken Nuggets Mac & Cheese Broccoli Strawberries Variety of Milk	12 Beef Stew Mixed Vegetables Watermelon Dinner Roll Variety of Milk Salads	13 Mini Bagel Pizzas Carrots Apricots Orange Gel Cup Variety of Milk
16 Turkey & Cheese on Bun Lettuce, Tomato, Mayo Broccoli Raisins Gardettos Variety of Milk	17 Soft Shell Beef Tacos Lettuce, Tomato, Cheese Sour Cream, Salsa Black Beans Kiwi Variety of Milk	18 Tater Tot Casserole Green Beans Pears Pumpkin Pretzel Variety of Milk	19 Scalloped Potatoes & Ham Corn Applesauce Garlic Knots Variety of Milk Salads	20 Pizza Crunchers Marinara Sauce Carrots Peaches Harvest Cookie Variety of Milk
23 Ham and Cheese Wrap Lettuce, Tomato, Mayo Mixed Vegetables Mixed Berry Cup Goldfish Crackers Variety of Milk	24 Beef Fiesta Rice Bowl Lettuce, Tomato, Cheese Sour Cream, Salsa Pinto Beans Blueberries Variety of Milk	25 Cheeseburger on Bun Lettuce, Tomato, Pickles French Fries Lima Beans Cantaloupe Variety of Milk	26 Grilled Cheese Tomato Soup Carrots Banana Variety of Milk Salads	27 Cheese Pizza Romaine Salad Pears Juice Cup Variety of Milk
30 Chili Cheese Dog Sweet Potato Puffs Craisins Pretzels Variety of Milk	31 Beef Nachos Lettuce, Tomato, Cheese Sour Cream, Salsa Veg Beans Peaches Variety of Milk	1 Spaghetti Garlic Bread Green Beans Pineapple Variety of Milk	2 Toasted Ravioli Marinara Sauce Peas Applesauce Yogurt Variety of Milk Salads	3 Pizza Broccoli Pears Variety of Milk

