

# Menus

**School:** Cissna Park Elementary School

**Academic Year:** 2020-21

**Meal:** Lunch

**Month:** October 2020

October				
M	Tu	W	Th	F
28 Chicken Patty Curley Fries Sliced Carrots Grapes Variety Of Milk	29 Tacos In A Bag Lettuce, Tomato, Cheese, Sour Cream, Salsa Pinto Beans Apple Sauce Variety Of Mil	30 Beef Stew Dinner Roll Mashed Potatoes Gravy Kiwi Variety Of Milk	1 Fish Sticks Mac And Cheese Mix Vegetables Fruit Cocktail Variety Of Milk	2 Breakfast Sausage Pizza  Hash Browns Gogurt Apple Sauce Variety Of Milk
5 Pulled Pork on Bun Potato Wedges Coleslaw Apple Crisp Variety of Milk	6 Soft Shell Chicken Tacos Shredded Cheese, Lettuce, Tomato, Sour Cream, Salsa Refried Beans Peaches Variety of Milk	7 Turkey Bagel Sandwich Goldfish Crackers Peas Craisins Variety of Milk	8 Grilled Cheese Carrots Mixed Berry Cup Variety of Milk	9
12	13 Chicken Quesadilla Sour Cream, Salsa Pinto Beans Peach Cup Variety of Milk	14 Italian Ham and Cheese Sub Sandwich Chex Mix Peas Raisins Variety of Milk	15 Beef Spaghetti Garlic Bread Carrots Pears Variety of Milk	16 Pepperoni Calzonettes Marinara Sauce Mixed Vegetables Applesauce Cheesestick Variety of Milk
19 Chicken Salad Croissant Teddy Grahams Peas Craisins Variety of Milk	20 Tacos in a Bag Lettuce, Tomato, Sour Cream, Salsa Refried Beans Blueberries Variety of Milk	21 Chicken Nuggets Mac and Cheese Carrots Peaches Variety of Milk	22 Baked Potato (Ham, Corn, Cheese) Sour Cream Soft Pretzel Pears Variety of Milk	23
26 Chicken Wrap Cheese, Lettuce, Ranch Dressing Mixed Vegetables Blueberries Variety of Milk	27 Pulled Pork Nachos Sour Cream, Salsa Pinto Beans Peaches Variety of Milk	28 Chicken Alfredo Green Beans Garlic Breadstick Apple Crisp Variety of Milk	29 Ham Salad on Bun Animal Crackers Peas Craisins Variety of Milk	30 Pizza Rolls Marinara Sauce Carrots Applesauce Cheese Stick Variety of Milk