

Menus

School: Cissna Park Elementary School

Academic Year: 2019-20

Meal: Lunch

Month: October 2019

October				
M	Tu	W	Th	F
30 Beef Spaghetti Garlic Bread Steamed Broccoli Apples Variety of Milk	1 Hot Dogs Relish, Onion, Tomato French Fries Peaches Salads Variety of Milk	2 Popcorn Chicken Mashed Potato Gravy Dinner Rolls Pineapple And Oranges Variety Of Milk	3 Cheesy Chicken Burrito Vegetarian Beans Salsa Sour Cream Fruit Cocktail Variety of Milk	4 Breakfast Sausage Pizza Hash Browns Gogurt Apple Sauce Variety Of Milk
7 Pulled Pork Sandwich French Fries Green Beans Fruit Cocktail Variety Of Milk	8 Quesadilla Salsa, Sour Cream Pinto Beans Blue Berries Variety Of Milk	9 Sub Sandwich Ham, Cheese, Lettuce, Tomato, Mayo Chips Oranges Celery Sticks Variety Of Milk	10 Fish Sticks Mac And Cheese Mix Vegetables Fruit Cocktail Salads Variety Of Milk	11
14	15 Beef, Bean, And Cheese Burrito Salsa Sour Cream Refried Beans Peaches Variety Of Milk	16 Hamburger W/Cheese French Fries Green Beans Peaches Variety Of Milk	17 Meat Loaf Mashed Potatoes Gravy Garlic Bread Sticks Fruit Cocktail Salads Variety Of Milk	18 Pizza Bagels Marinara Sauce Broccoli Pineapple Variety of Milk
21 Chicken Patty French Fries Sweet Peas Peaches Variety of Milk	22 Soft Shell Beef Tacos Pinto Beans Salsa, Lettuce, Tomato, Sour Cream Grapes Variety Of Milk	23 Country Fried Pork Chop Corn Gravy Dinner Roll Fruit Cocktail Variety Of Milk	24 Breakfast Burritos Salsa, Sour Cream Emoji Potatoes Pineapple Yogurt Variety Of Milk	25 Pizza Casserole Garlic Bread Peas Pineapple Variety Of Milk
28 Chicken Nuggets Mac & Cheese Peas & Carrots Pineapple Variety of Milk	29 Pulled Pork Nachos Lettuce, Tomato, Cheese, Sour Cream, Salsa Vegetarian Beans Blue Berries Variety Of Milk	30 Ham & Cheese Wrap Lettuce & Tomato Green Beans Snickerdoodle Cookie Apples Slices Variety of Milk	31 Sloppy Joe Baked Beans Potato Wedges Apple Sauce Salads Variety Of Milk	1 French Bread Pizza Marinara Sauce Carrot Sticks Pineapple Variety Of Milk